

## **Data collection for completion of the CHANGE Tool**

The CHANGE Team:

- completed 22 key informant interviews for the Community-At-Large sector, including interviews with representatives from government agencies, businesses, churches, and nonprofit organizations
- collected data from schools in five school districts, including a selection of elementary, middle and high schools

Youth Voice (the youth component of the CHANGE Team):

- surveyed a total of 99 students in a selection of classes in one elementary school, one middle school, and two high schools
- surveyed 158 individuals for the Community-At-Large sector assessment
- conducted 21 key informant interviews
- held 4 focus groups, with combined attendance of 20 people

## **Selected findings of the assessment**

Assets:

- Presence of sidewalks and parks with some funding to maintain them
- Land use planning and promotion of mixed use
- Right to breastfeed in public places
- Presence of farmers' markets and community gardens
- Availability of fresh and local foods at area restaurants
- Laws limiting access to tobacco and smoking in public
- Availability of emergency medical services
- Community use of school facilities during out of school hours
- Healthful food offered in school cafeterias
- School nurses' coordination of chronic disease management with families

Areas needing improvement:

- Bring policy interest in complete streets to fruition
- Enhance safety in areas where people could be physically active
- Ensure access to recreational facilities for people of all abilities
- Institute restrictions on use of all tobacco products (not just smoking)
- Increase funds available to support recreational facilities
- Provide community education and awareness of chronic disease management
- Allow adequate time in the school day for physical education
- Move toward healthier foods available for after school events and fundraisers
- Connect students to smoking cessation resources
- Improve functioning of School Wellness Committees and increase school investment in student wellness