Bicycling is great for the mind, body, and wallet! It is also a great way to reduce my carbon footprint.

I have been commuting by bicycle for the last 7 years! While living in Boston, I decided to purchase my first bicycle for the purpose of commuting to work. Since moving to Turners Falls, I continue to ride my bicycle for work and pleasure!

When I first started to cycle I faced some challenges, such as getting used to leaving a little earlier for catching the bus in the morning; finding the safest routes to commute by bicycle; feeling comfortable cycling in bike lanes, and watching out for motorists, pedestrians and other cyclists.

I overcame each of these challenges as I gained experience. It was particularly helpful for me to observe other cyclists’ routes and how they safely traveled with other modes of transit around them. Online resources for bicycle laws and tips were also helpful!

During the warmer months, I typically take the FRTA bus to work to Greenfield with my bicycle on board, and cycle back home to Turners Falls. During work hours, I often need to conduct site visits around town, so I cycle to each property.

You can do it too! To learn how, visit massbike.org