

Further reading to explore CAM/IM for SUD regulation and treatment

Presented to the OTF Treatment Options Committee

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Overview:

1. Barry, D. T., Beitel, M., Cutter, C. J., Garnet, B., Joshi, D., Schottenfeld, R. S., & Rounsaville, B. J. (2009). Allopathic, complementary, and alternative medical treatment utilization for pain among methadone-maintained patients. *American Journal on Addictions*, 18(5), 379-385.
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Acupuncture in Support of SUD:

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Bio-feedback:

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Exercise & Nutrition:

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Music Therapy:

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Massage:

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Meditation, Relaxation & Spirituality:

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Yoga, tai-chi & qigong:

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