

CHIP Progress Report – 7/30/19

Social and Economic Strategy #5: Group-Based Parenting Programs: Nurturing Families

Related Priority Health Issue: Poor Mental Health

Related Health Factor: Family and Social Support

Research Link: Group-Based Parenting Programs – www.countyhealthrankings.org/policies/group-based-parenting-programs

Expected outcomes: General outcomes: Improved mental health, parenting, and child behavior. Nurturing Families Outcomes: increased parent competency in 1) Appropriate expectations of children, 2) Empathy, 3) Discipline with dignity, 4) Appropriate family roles, and 5) Encouraging children's power and independence.

Target Population: Parents

Progress Color Code*	Strategies/Action Steps	Partners/Persons Responsible	Timeline	Outcome Indicators
Green	Host <u>Nurturing Families</u> workshops for parents of young children.	Athol Family Resource Center- Valuing Our Children in North Quabbin Salasin Center in Greenfield	2019/2020 Ongoing- 10 to 12 week groups	Each type of Nurturing Families has its own evaluation template and the national organization gathers data. Gap: regional review of data on programs happening in Franklin County/North Quabbin.
Yellow	Address the gap: No Nurturing Families group for parents of teens yet.	Staff are trained in Nurturing Families Curriculum, no one currently offering the parents of teens model.	2019/2020	
Red	Address the gap: No Nurturing Families groups in rural towns			
Orange	Address the gap: No Nurturing Families groups in Spanish	Community Action has trained staff person		
Green	<u>Nurturing Fathers</u> groups, a variant of Nurturing Families for fathers.	<ul style="list-style-type: none"> Greenfield at Community Action Family Resource Center -partnership between Montague Catholic Social Ministries, Community Action, ServiceNet and DCF. Athol Family Resource Center (Valuing Our Children) –ongoing 	9/10 for 12 weeks, 3x a yr	

		<ul style="list-style-type: none"> Amherst Family Resource Center- CSO/DCF partnership 	3-4 x a yr	
Red	Provide Nurturing Families workshops for fathers incarcerated and in House of Correction.	Franklin County Sheriff's Office	?	
Green	Provide Nurturing Families workshops for families in recovery from violence and/or addiction.	Salasin Center	Tuesdays from 1-2:30, with childcare	
	Provide outreach at community events to help connect parents to existing resources (including group-based parenting programs)	Communities That Care Parent Education Workgroup The Brick House	Sandy Ramos hired at Brick House...seeking funding for Parent Leaders	
Red	Host Guiding Good Choices workshops.	Family Resource Center Staff in Amherst are trained (*not in Franklin Co.)	Nobody currently doing It in Franklin Co.	
	Evaluation approach:	Each type of Nurturing Families has its own evaluation template and the national organization gathers data. Gap: regional review of data on programs happening in Franklin County/North Quabbin.		
	Evidence of effectiveness:	Strong		
	Impact on disparities:	These targeted programs would have to specifically target priority populations in order to reduce disparities.		
	Source:	What Works for Health database and SAMHSA National Registry of Evidence-based Programs and Practices (NREPP)		

* **Red:** Stalled, behind schedule, and/or vulnerable for successful completion, **Yellow:** progressing but behind schedule or other minor issues, still high potential of successful completion, **Green:** Success! Going well, on track, and/or complete