Breakout #1 Prompt: Visualize yourself 10 or 15 years from now.

1. Where would you like to live? Say something about the neighborhood (e.g. urban, walkable, rural, remote, etc.) and housing type (e.g. single family dwelling/multi-family apartment building)

2. How will you get around? Think about work, shopping, services and socializing. If you were unable to drive, what would you like to have for options to help keep you mobile?

Responses organized by WHO Age-Friendly Domain:

Outdoor Spaces/Buildings

- Need benches everywhere throughout town
- Connecting very rural neighborhoods with sidewalks
- Explore economies of scale in town/school services and buildings:
  - Communities sharing facilities like pools, recreational facilities – coordination would be required. (examples – no access to RF cultural events from Greenfield on weekend.)
  - Having municipal buildings be more multi-generational – use after-hours – make use of the rooms, heating systems, etc.. (fx a pottery studion could be used by both kids and adults).
- MA Community Use Toolkit

Transportation

- Transportation
- Sidewalks and transportation are major issues. Could self-driving cars help?
- Mobility and access to shops and retail
- Major challenge is getting around. Uber of limited appeal since it requires smartphones
- Shared multi-generational transportation
- Grocery delivery
- Med-rides
- Driving at night
- Uber type services
- Reliably scheduled transportation service for weekly trips

Housing

- Senior-friendly condo
- Spouses have different needs re visions of retirement and housing
- In rural towns – snow/ice Driveway management is important part of staying in the house.
• Look for community-based housing solutions – co-housing? More independent than assisted living
• State housing policy change – makes no sense to have each town be required to have 10% affordable housing, when all the services are in urban centers.
• Multi-generational housing, mixed-income housing
• Contradiction of wanting to enjoy the benefits of the industrial revolution and enjoying rural setting with access to land. If we have to move, move to where there is public transportation.
• Single-level living
• Having housing choice – options to move into town with conveniences.
• Golden Girls had the right idea
• Buy an RV and go on the road for a while
• Tiny houses as an option?
• Need new federally funded housing
• Need more housing options.
• Lots of empty or nearly-empty housing, could people move in? Changes to zoning to support that?
• Help making housing more green to make living there as we age more sustainable – green aging in place
• VT incentive to move to VT example
• Neighborhood living
• Want senior housing in a walkable neighborhood
• Remain in neighborhoods for as long as possible
• Pet-friendly options for housing
• Tenants or Roommates to share responsibility (for housing and pets)
  More age-friendly properties to live in – would allow us to sell our homes, which would invite more young people into towns
• Similarities between millennial housing needs and older adult housing needs
• Approach Wilsons about putting a major housing development in there – parking, sidewalks, services, all there!
• Changing/retrofitting housing stock
• Housing within walkable neighborhoods
• Walking distance senior housing planned 20 years ago w/out knowing what it would be good for.
• Moving from very rural, lots of land and upkeep.
• Moving to Greenfield, closer to kids, walking distance to stores, the YMCA, smaller house.
• Retirement is enjoying land and time at home

Social Participation

• Cultivating relationships
• Access to community – social life.
• Help keeping our pets as long as possible – substitute pet caregivers.
• More neighbors helping neighbors (formal and informal)
• Family connecting generations and families of choice among neighbors and friends
Respect and Social Inclusion

- Delivery services that does not imply isolation
- Not wanting to be a burden to kids
- Importance of long-term supportive friendships, neighborhood relationships and responsibility for supporting eachother (Northampton Neighbors example).
- Rebrand senior centers as Centers for Community Life.
- More involvement with younger people/schools
- Pets! (support in having them)

Civic Participation & Employment

- Repair workshop/café
- Would like stronger intergenerational connections – loved the high school/council on aging co-location effort.
- Those who can afford it must hire others.
- Villages cost?
- Workshops needed for planning
- Big box shopping
- Village Movement
- More work for older adults
- Temporary physical help

Communication & Information

- Affordable internet
- Knowledge of tech that can enhance lifestyle
- Recommend a system for sharing information from informal groups.
- Broadband to grow technology options for transport.

Community Health Services

- being independent requires working to be healthy
- Need to be more flexible in sharing across town lines – and get comfortable sharing
- More public health nursing services
- Burial Options
- Connecting resources: grants, state/muni programs, education around-town, TRIAD: social issues vs. delivering food, beds, walkers.
Breakout #2 Prompt: Thinking about the needs identified in the first exercise, what needs to work better in your community today in order for this to be a reality? Identify the top 2-3 issues that need improvement. Thinking about these issues, what could be tackled today to generate forward momentum on these issues?

Responses organized by WHO Age-Friendly Domain:

Outdoor Spaces/Buildings
- Safe, Walkable
- Good safe sidewalks

Transportation
- Keeping up with public transit along route 2
- Public transportation won’t work in rural areas the way it works in the city; new model for rural areas
- Night and weekend transportation
- Good transportation
- Rethinking car rides

Housing
- Housing – moving forward a senior housing plan and considering other options such as intergenerational
- Home sharing programs (structured, assist both homeowner and renter)
- Convert large Victorian houses into multi-generational multi-unit housing
- Affordable, cohousing, co-op as rentals
- Senior Housing
- Snow removal

Social Participation
- Educating aging population and their caretakers and children

Respect and Social Inclusion
- The importance of having the senior center be welcome
- People having pride and not being able to ask for help; strong neighborhood networking;

Civic Participation & Employment
- Giving volunteers support and paying them mileage or stipend
- Getting seniors involved in the community colleges (mentoring, volunteering, etc.)

Communication & Information
- Making people aware of existing resources
- Broadband subsidies for drops and cell phone access
- Look4Help
- Community Compact funding – can be used for a variety of town needs and best practices
- Systems and funding that disregards arbitrary county and town boundaries
- Pulling villages together
- Neighborhood networking
- Impacts of climate change

**Community Health Services**

- Neighborhood Emergency Service Network
- Health care transportation
- Board of Health can be helpful
- Access to wellbeing opportunities
- Need strong Board of Health