



**Public Health**  
Prevent. Promote. Protect.  
**Cooperative Public Health Service**  
Franklin Regional Council of Governments

# NORTH COUNTY: Public Health Nurses are available to you!



**Lisa White, PhD, RN**



**Meg Ryan, BSN, RN**

## SERVICES:

- Preventative and diagnostic health screenings
- Flu and COVID vaccinations
- Individualized help managing chronic health conditions
- Tools for medication self-management  
(*medication calendars, files of life, pill sorters*)
- Mercury thermometer & sharps disposal and container exchange  
(*collaboration with Franklin Cty Solid Waste Mgmt. District*)
- Home visits available to residents in need

## NORTH COUNTY WALK-IN WELLNESS CLINICS:

### BERNARDSTON

2<sup>nd</sup> Thursday  
9:30 - 11:30 a.m.  
Senior Center

### GILL

2<sup>nd</sup> Friday  
10 a.m. - 12 p.m.  
Stoughton Place Community Room

### ERVING

1<sup>st</sup> Tuesday  
9:00 - 11:00 a.m.  
Senior Center

### NORTHFIELD

1<sup>st</sup> Wednesday  
12:30 - 2:30 p.m.  
Senior Center at Town Hall

## TO REACH THE PUBLIC HEALTH NURSES:

**Lisa White, PhD, RN:** [lwhite@frcog.org](mailto:lwhite@frcog.org) or 413-774-3167 x 156

**Meg Ryan, BSN, RN:** [mryan@frcog.org](mailto:mryan@frcog.org) or 413-774-3167 x 158

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