

WEST COUNTY:

Public Health Nurses are available to you!



Public Health
Prevent. Promote. Protect.
Cooperative Public Health Service
Franklin Regional Council of Governments



Lisa White, PhD, RN



Meg Ryan, BSN, RN

SERVICES:

- Preventative and diagnostic health screenings
- Flu and COVID vaccinations
- Individualized help managing chronic health conditions
- Tools for medication self-management
(*medication calendars, files of life, pill sorters*)
- Mercury thermometer & sharps disposal and container exchange
(*collaboration with Franklin Cty Solid Waste Mgmt. District*)
- Home visits available to residents in need

WEST COUNTY WALK-IN WELLNESS CLINICS:

ASHFIELD

1st Food Pantry Tuesday
3-5 p.m.
First Congregational Church

ROWE

4th Monday
10 a.m. - 12 p.m.
Town Hall

CHARLEMONT

2nd Tuesday
10:30 a.m. - 12 p.m.
3rd Tuesday
4 - 5:30 p.m.
(*also Good Neighbors Food Distribution*)
Federated Church

SHELBURNE

4th Tuesday
10:30 a.m. - 12 p.m.
Shelburne Falls Senior Center

TO REACH THE PUBLIC HEALTH NURSES:

Lisa White, PhD, RN: lwhite@frcog.org or 413-774-3167 x 156

Meg Ryan, BSN, RN: mryan@frcog.org or 413-774-3167 x 158

These public health nursing services are a program of the [Cooperative Public Health Service](https://www.frcog.org). The Cooperative Public Health Service is sponsored by the [Franklin Regional Council of Governments](https://www.frcog.org).

