

WEST COUNTY:

Public Health Nurses are available to you!



Public Health
Prevent. Promote. Protect.
Cooperative Public Health Service
Franklin Regional Council of Governments



Lisa White, PhD, RN



Meg Ryan, BSN, RN

SERVICES:

- Preventative and diagnostic health screenings
- Flu and COVID vaccinations
- Individualized help managing chronic health conditions
- Tools for medication self-management
(*medication calendars, files of life, pill sorters*)
- Mercury thermometer & sharps disposal and container exchange
(*collaboration with Franklin County Solid Waste Management District*)
- Home visits available to residents in need

WEST COUNTY NURSING DROP-IN HOURS:

ASHFIELD

1st Food Pantry Tuesday
3:00 - 5:00 p.m.
First Congregational Church

CHARLEMONT

3rd Tuesday
4:00 - 5:30 p.m.
(*also Good Neighbors Food Distribution*)
Federated Church

4th Wednesday
10:00 a.m. - 12:00 p.m.
Federated Church

COLRAIN

3rd Wednesday
4:00 - 6:00 p.m.
Griswold Memorial Library

SHELburnE

3rd Wednesday
9:30 - 11:00 a.m.
(*Family Playgroup*)
Trinity Church

4th Tuesday
10:30 a.m. - 12:00 p.m.
Shelburne Falls Senior Center

TO REACH THE PUBLIC HEALTH NURSES:

Lisa White, PhD, RN: lwhite@frcog.org or 413-774-3167 x 156

Meg Ryan, BSN, RN: mryan@frcog.org or 413-774-3167 x 158

*These public health nursing services are a program of the [Cooperative Public Health Service](#).
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